

Bristol School Athletic Handbook



Bristol School District #1: ATHLETIC CODE

All student athletes and managers are subject to the provisions of the athletic code.

I. PHILOSOPHY:

We agree that athletic activities are an important part of a student's experience at Bristol School. These activities offer learning experiences and competitive opportunities in addition to those in the classroom. The staff of Bristol School encourages every student to participate in any athletic activity that he/she finds challenging or enjoyable.

II. GENERAL GUIDELINES:

To maintain eligibility in an athletic program, a student must make a commitment to follow a series of training rules, which are intended to develop and maintain good health habits, and promote a high level of physical fitness. In addition, student athletes shall not use or have possession of tobacco, alcoholic beverages, paraphernalia, marijuana or any other controlled substance regardless of quantity or intent. Possession of these materials for the purpose of sale or disposal is also prohibited.

We recognize that discipline is essential to the teaching/learning process. Therefore, each head coach may establish rules in addition to those cited in the code to ensure an atmosphere conducive to the sport. These rules, however, must not conflict with this Athletic Code, must be submitted in writing to the school administration and must be approved by the school administration prior to incorporation.

The following activities are covered by the Athletic Code:

1. All athletic teams.
2. All cheerleading squads.

Coaches will attempt to play all team members a minimum of two minutes per game in basketball, one inning in the field plus one time up to bat in softball, and five scored points by either team in volleyball.

III. Concussion Management Plan: <http://dpi.wi.gov/sped/tbi-conc-resources.html>

All concussion forms must be turned into the Main Office prior to your child(ren) trying out for a sport. If the forms are not turned in prior to tryouts, your child(ren) will not be allowed to participate.

A student-athlete displaying any sign or symptom consistent with a concussion shall be withheld from the competition or practice and shall not return to activity until receiving clearance from a licensed physician (MD or DO). The student-athlete's parent/guardian(s) shall be immediately notified of the situation.

A copy of our Concussion Management Plan can be found at the school's website (click on **Activities and Programs**, click on **Athletics**, click on **Concussion Information**).

IV. ATHLETIC POLICIES AND ATHLETIC ELIGIBILITY:

Pupils who participate in all athletic events must sign the competition pledge card, which requires a parent signature before any athlete will be allowed to participate. This card is filled out each year and remains on file with each new year.

Academic Eligibility - Potential student athletes must be academically eligible at the time of tryouts. Potential student athletes will sign up two weeks prior to the season. Monitoring of grades will begin at this time. To be academically eligible at the time of tryouts, potential student athletes must have a grade point of 2.0 or better and no failing grades.

Once teams have been chosen, student athletes will have their grades monitored weekly. Any student athlete that has a grade point below 2.0 or an "F" in any subject area will become ineligible to participate in any competition(s) for 1 week. However, s/he will be allowed to practice. After 1 week, if the grade point is below a 2.0 or if the grade remains an F, s/he will be removed from the team for the remainder of the season.

Discipline is also a factor in the decision of removing a participant.

A. Attendance At School - A competitor cannot compete in any athletic contest or practice session on a day they have not been in attendance at school the full day. A student who has approval of the principal, may, with an excused absence, miss the day or part of the day of school and still participate. A student who arrives prior to 10 A.M. may still be eligible to participate in most cases. Arrival after 10 A.M. will place the competitor in jeopardy of participating, and the decision to participate will be left up to the principal and/or the administrator.

B. Squad Attendance – Players are expected to attend all practices. They must be excused from practice by the coach only. An unexcused absence will result in being ineligible for the next contest. Two or more unexcused absences may result in removal from the athletic team.

C. Detentions – Students are not excused from detentions because of participation in an athletic contest or practice.

D. Athletic Suspension – A competitor may not participate in practice, or a game, if they are suspended from school.

E. Personal Appearance – The athlete’s personal appearance not only reflects his/her attitudes, but also those of the school whom they represent. Hair must be neatly trimmed, clothing must be neat and appropriate, and hygiene must be such that it is not harmful to the athlete’s well being. If there is a question concerning any of the above items, a conference with the parents of said athlete, the athlete, the coach, and the administration will be held to discuss the matter.

F. Personal Health Practices – Due to the harmful effects upon the health of the individual, all athletes will refrain from the use of tobacco (smoking or chewing), alcoholic beverages, abusive drugs of any kind, and abuse of prescription or over-the-counter drugs. Athletes are expected to maintain a proper diet and get the proper amount of rest.

G. Equipment – All athletes are required to replace lost gear or gear which has been carelessly handled or neglected before a student may participate in his/her next sport, student-faculty game, or receive awards in the current sport. Athletic clothing and equipment issued by the school cannot be worn or used for personal use unless the coach has given authorization. Violations will be handled by the head coach and principal.

H. Athletic Fees – A \$10.00 athletic fee will be charged per student athlete for each sport s/he participates in, with a maximum of \$50.00 per family. Fees will be collected at the start of each season..

I. Transportation – Students must travel to and from out-of-town contests with the team. If a parent is present at the out-of-town contest, the student may ride home with the parent provided that the parent must fill out a “Bristol Transportation Form” and give it to the coach in charge before departure from the contest.

J. Injury – All injuries incurred during an athletic contest or practice must be reported to the coach immediately. Bristol School assumes no financial responsibility for injuries occurring to athletes nor for ambulance fees.

K. Squad Size – If the number of athletes trying out for a team is more than the facilities, equipment, and coach can accommodate, selection will be made on the basis of ability shown during initial practices and the attitude displayed by the student.

L. Physical Examinations – A physical examination is required before an athlete participates in any athletic contest. One physical examination will be good for the student's athletic participation at Bristol School, from sixth through eighth grade. Physical exam requirements may be waived by the parent/guardian.

V. CODE VIOLATIONS:

The following are considered violations of the athletic code:

A. Possession, use, sale, or distribution of alcoholic beverages, tobacco, marijuana, or any other controlled substance. The abuse of prescription or over-the-counter drugs is prohibited.

B. Attendance at gatherings where alcohol, marijuana and/or other controlled substances are being used is prohibited. Students will be considered to have violated training rules by attending such gatherings, except as follows:

1. If a student attends one of these gatherings and immediately leaves when he/she becomes aware of the use of alcohol or illegal drugs, the student has not violated this code.

2. Attendance at an establishment licensed to sell alcoholic beverages in addition to food or recreational services (restaurants, bowling alley, etc.)

C. Involvement in criminal activities such as theft, burglary, assault, etc.

D. Being in a vehicle with open intoxicants and/or illegal drugs.

E. Violations of school rules that result in immediate in-school or out-of-school suspension or continuous violation of rules that lead to out-of-school suspensions will be considered violation of this code.

VI. REPORTING PROCEDURES FOR CODE VIOLATIONS:

Athletic code violations may be observed or reported by administration, faculty, parents, students, or community members. Suspected violations reported by school or non-school personnel require a written report including the date, time, place, individuals involved, and description of the incident. When appropriate, the anonymity of the informant will be

maintained. After the written report is filed with the administration, the athlete will be notified of the accusation and given the opportunity to contact his/her parent/guardian. An interview with the athlete or athlete and parent(s)/guardian(s) will be conducted by an administrator. If a violation is substantiated, the established penalties will be imposed.

PENALTIES:

A. Disciplinary action for a competitor, who is reported for using tobacco or drinking alcoholic beverages, being found with alcoholic drinks in his/her possession, or illegal use or possession of drugs will:

1. On the first offense be suspended from competing in any contest for the remainder of the season.
2. On the second offense, be suspended for the remainder of the season and the next competitive season.
3. On the third offense, be suspended from all competitive activities for one calendar year.
4. On the fourth offense, be suspended from all competitive activities for the rest of his/her Bristol school years.

B. Following a violation, a student must serve his/her suspension in the first competitive activity in which he/she participates.

1. If the violation takes place in mid-season, the suspension applies to that sport.
2. If the violation takes place towards the end of the season (3/4 of the game schedule played), and there is not enough time to fulfill in-eligibility requirements in the season, the suspension will carry over into the next competitive season.
3. If the violation takes place before or after the season or during the summer, the suspension applies to the next competitive season.

C. Disciplines for violations other than smoking, drinking and illegal use of drugs may take the form of one of the types listed below:

1. Failing to maintain a "C" average or to pass all classes will result in the following:
*Refer to Page 1 for eligibility guidelines.

2. Detentions during each individual season will result in the following suspensions:

1st Detention = Probation status/warning

2nd Detention = 1 game, match, or meet

3rd Detention = 2 games, matches, or meets

4th Detention = Remainder of season

3. Office Disciplinary Referrals during each individual season will result in the following consequences:

1st ODR = Probation status/warning

2nd ODR = Removal from the team

"Depending of the severity of the incident, the first ODR may result in the immediate removal of the student athlete from the team."

4. Unexcused absences from school, practices, or contests will result in the following suspensions:

1st unexcused absence = 1 game, match or meet

2nd unexcused absence = 2 games, matches or meets

3rd unexcused absence = Remainder of season

5. Other violations not specifically addressed will follow the previous suspensions with the addition of possible suspension for part of or all of the next season, suspension of athletics for the school year or permanent suspension from athletics at Bristol School according to the severity of the code violation.

VII. DUE PROCESS PROCEDURE:

Within forty-eight (48) hours after a decision has been rendered at any level, parent(s), guardian(s), or the student athlete, may appeal to the next level in order established.

A. In-District appeal order:

1. Athletic Director, Principal, and/or District Administrator
2. Athletic Council (principal, head coach, two coaches from different sports, one teacher and district administrator)
3. Bristol School Board

VIII. ATHLETIC AWARDS

1. 110% Award - Awarded to the outstanding A-team performer for each school sponsored sport including cheerleading based upon:

- | | |
|------------------|-------------------------|
| A. Sportsmanship | B. Leadership |
| C. Attitude | D. Determination/Desire |

2. Outstanding 8th Grade Athlete – One boy and one girl will receive this award. In order to be eligible the athlete must compete in three of the 5 sports activities offered that year. This award is based upon:

- | | | |
|------------------|-------------------------|-------------|
| A. Sportsmanship | B. Leadership | C. Attitude |
| D. Ability | E. Determination/Desire | |

Dear Parent or Guardian,

Please print, read, fill in the requested information, sign, and return the following information (pages 10 and 13) prior to tryouts. This information can be returned to the coach or the Main Office.

If your child(ren) does not have the following information on file, s/he will not be allowed to participate.

Please contact the Main Office (262-857-2334) if you have any questions.



Bristol School District #1: Athletic Code Contract

Parent's/Guardian's Permission:

Student's Name _____

Address _____

Telephone Number _____

Bristol School District #1 requests that each participant have a physical examination card on file in order to participate in athletic competition. At the parent's refusal, their son/daughter will be waived of the requirement with the understanding that the parent/guardian takes full responsibility for unexpected injury or medical emergencies arising as a result of the waiver.

() My son/daughter will receive a doctor's physical examination.

() My son/daughter will not receive a doctor's physical examination and I understand the responsibility of this waiver as written above.

In the event of an injury during practice or competition, I grant permission for my son/daughter to be given immediate emergency care and transportation by ambulance if needed to Aurora Hospital.

I agree that my son/daughter is to be responsible for all equipment issued to him/her, and to pay for any items which are lost or damaged.

I support the Athletic Code of Bristol School District #1 and agree that my son/daughter is to abide by this code.

I have read and understand the preceding and give permission for the above named student to practice, compete, and represent Bristol School District #1 in athletic competition with the exception of those restrictions noted by a physician (list on the physical examination form).

Parent/Guardian Signature _____

Dated _____

PHYSICAL EXAMINATION

Physicians, please refer to the Guide for Athletic Disqualifications:

_____ Date of Birth _____

Last Name First Name Initial

_____ Grade ____ Age ____ Sex ____

Place of Birth (County & State)

The above named student has been examined and may participate in interscholastic athletic activities except as follows:

If none, write none. _____

If student is restricted or disqualified, please indicate _____

If approved for only one year of competition, please indicated _____

Has the student ever experienced concussion symptoms? _____ If yes, were they reported? _____

Has the student ever been diagnosed with a concussion? _____ If yes, when _____?

Signature of licensed physician or surgeon _____

Address _____ City & State _____

Telephone _____ Date of Examination _____

A physical examination taken after April 1st is good for the following two school years.

A physical examination taken before April 1st is good for the remainder of that school year and the following school year.

Physical Exam is not required for _____ year. _____

PARENT & ATHLETE AGREEMENT

As a Parent and as an Athlete it is important to recognize the signs, symptoms, and behaviors of concussions. By signing this form you are stating that you understand the importance of recognizing and responding to the signs, symptoms, and behaviors of a concussion or head injury.

Parent Agreement:

I _____ have read the Parent Concussion and Head Injury Information and understand what a concussion is and how it may be caused. I also understand the common signs, symptoms, and behaviors. I agree that my child must be removed from practice/play if a concussion is suspected. I understand that it is my responsibility to seek medical treatment if a suspected concussion is reported to me. I understand that my child cannot return to practice/play until providing written clearance from an appropriate health care provider to his/her coach. I understand the possible consequences of my child returning to practice/play too soon.

Parent/Guardian

Signature _____ Date _____

Athlete Agreement:

I _____ have read the Athlete Concussion and Head Injury Information and understand what a concussion is and how it may be caused. I understand the importance of reporting a suspected concussion to my coaches and my parents/guardian. I understand that I must be removed from practice/play if a concussion is suspected. I understand that I must provide written clearance from an appropriate health care provider to my coach before returning to practice/play. I understand the possible consequence of returning to practice/play too soon and that my brain needs time to heal.

Athlete

Signature _____ Date _____

PARENT & ATHLETE AGREEMENT

Questions and Contact Information

Athlete's Name _____ Date _____

Address _____

City _____ Zip _____ County _____

Phone _____ Email _____

Age ____ School: Bristol School District: Bristol

Check all that apply. I participate in:

- | | | | |
|--|--|--|------------------------------------|
| <input type="checkbox"/> Football | <input type="checkbox"/> Baseball/Softball | <input type="checkbox"/> Basketball | <input type="checkbox"/> Hockey |
| <input type="checkbox"/> Soccer | <input type="checkbox"/> Golf | <input type="checkbox"/> Volleyball | <input type="checkbox"/> Wrestling |
| <input type="checkbox"/> Track & Field | <input type="checkbox"/> Cross Country | <input type="checkbox"/> Cheerleading | <input type="checkbox"/> Tennis |
| <input type="checkbox"/> Gymnastics | <input type="checkbox"/> Skiing/Snowboarding | <input type="checkbox"/> Swimming & Diving | |

Other _____

Name of Current Team _____

1. Have you ever had a concussion? _____, if yes, how many? _____
2. Have you ever experienced concussion symptoms? ____ Did you report them? ____

Emergency Contacts:

Name: _____ Relationship: _____

Phone Number: _____

Name: _____ Relationship: _____

Phone Number: _____

Please complete this form and return to the person operating the youth athletic activity.

