



# BRISTOL SCHOOL DISTRICT #1

*Together - Growing • Learning • Succeeding*

Bristol School Counseling Department Power Standards:

By the end of 2nd grade, students will be able to:

- Understand how their academic experiences prepare them to be successful in their relationships, and in the community
- Demonstrate effective decision-making and problem-solving skills
- Understand and use safety and wellness skills
- Engage in career exploration
- Develop a healthy balance of mental, social/emotional, and physical well-being
- Develop a growth mindset
- Demonstrate effective coping skills when faced with a problem
- Understand the importance of creating positive and supportive relationships
- Understand and appreciate the uniqueness of others
- Understand the importance of teamwork
- Acquire self-advocacy skills
- Engage in safe, respectful, and responsible behaviors
- Demonstrate kindness and empathy

By the end of 5th grade, students will be able to:

- Develop the academic skills and attitudes necessary to make effective transitions from elementary to middle school
- Demonstrate effective decision-making, problem-solving, and goal-setting skills
- Understand and use safety and wellness skills
- Understand the relationship between school achievement and career success
- Use time management skills
- Apply self-motivation and self-direction to learning
- Consider multiple perspectives and opinions
- Demonstrate ability to assume responsibility and work independently
- Demonstrate self-discipline and self-control
- Develop a growth mindset
- Demonstrate effective coping skills when faced with a problem
- Use effective listening skills
- Create positive and supportive relationships
- Demonstrate kindness and empathy
- Respect individual differences
- Use leadership and teamwork skills to work effectively
- Engage in self-advocacy
- Engage in safe, respectful, and responsible behaviors



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By the end of 8th grade, students will be able to:

- Acquire the knowledge and skills that contribute to successful learning in school and across the life span
- Develop the academic skills and attitudes necessary to make effective transitions from middle school to high school
- Demonstrate effective decision-making, problem-solving, and goal-setting skills
- Understand and use safety and wellness skills
- Understand the relationship between school achievement and career success and development
- Identify personal skills, interests, and abilities and relate them to career choices
- Use organizational and study skills
- Develop a growth mindset
- Demonstrate effective coping skills when faced with a problem
- Demonstrate the ability to manage transitions and ability to adapt to changing situations
- Use effective communication skills
- Create positive and supportive relationships
- Demonstrate kindness and empathy
- Demonstrate ethical decision-making and social responsibility
- Use leadership and teamwork skills to work effectively in diverse teams
- Demonstrate advocacy skills and ability to assert self, when necessary
- Engage in safe, respectful, and responsible behaviors

Resources: **Wisconsin Comprehensive School Counseling Model (WCSCM)** and the **American School Counselor Association (ASCA) Students Standards: Mindsets & Behaviors.**